

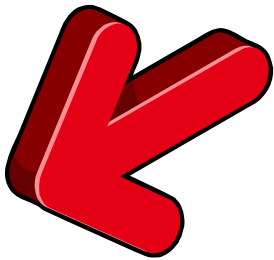
# BE AWARE AND PREPARE JUNE

The Region 9 Hospital Preparedness Program encourages all health-care employees and their families to prepare themselves for emergencies. Each month, you will receive a list of three things that you can get, or do, to assemble a Basic Emergency Supply Kit. By following our recommended list you will have a well stocked kit by the end of the year.



**Blanket**

To help prevent the loss of body heat, and to protect yourself from various weather conditions, be sure to include a blanket in your emergency kit.



**Evacuation Plan**

Try to have a meeting with your organization's safety officer to learn about your building's evacuation plan. Discuss gathering emergency contacts and keeping an updated list of names to account for all employees in an emergency evacuation.



**Rain Gear**

Pack waterproof gear in your emergency kit to protect you from the elements. Include both an umbrella and a poncho.