
About our Program

The Center for Human Development's (CHD) Alcohol and Drug Treatment Program offers high quality services to adolescents and adults who are experiencing problems related to alcohol and drug use. Our highly-trained staff is committed to helping by providing education, support and honest feedback.

CHD is certified by the State of Oregon Office of Alcohol and Drug Abuse Programs. We have offered mental health and addiction treatment services to Union County residents for over 20 years.

Payment Options

CHD is a preferred provider for:

- Regence Blue Cross Blue Shield of Oregon
- LifeWise Health Plan of Oregon
- Pacific Source Health Plans
- Oregon Health Plan

We are able to bill most other insurance plans, and we provide services through contracts with many Employee Assistance Programs.

CHD is dependent on client fees to pay for the costs associated with treatment. We do have funds available to assist a limited number of clients with the cost of treatment, based on clinical need, family size, and household income.

Accessing Services

Call 962-8800 to schedule your initial appointment or for more information.

About CHD

The Center for Human Development, Inc. (CHD) is a nonprofit organization providing a comprehensive array of services in Northeast Oregon:

- mental health services
- substance abuse treatment services
- prevention services
- public health services
- environmental health services
- home visitation services
- parenting services
- veterans services
- developmental disabilities case-management

For more information about CHD or any of its services, please call:

Center for Human Development, Inc.

2301 Cove Avenue

La Grande, OR 97850

(541) 962-8800 Main Office

(541) 962-8801 Public Health Services

(541) 962-8802 Veterans Services

(541) 963-5272 Fax

TTY: 711 Oregon Telecommunications

Relay Service

In order to receive government funding, CHD is required by state and county policies to charge for services it provides to the public. However, no one will be denied clinical services because of an inability to pay. CHD does not discriminate on the basis of race, sex, religion, national origin, family status, age or disability. For further information about this policy, contact Human Resources, 541-962-8811, or TTY 1-800-735-2900 or dial 711.

ADULT ALCOHOL & DRUG TREATMENT PROGRAM



“working for healthy communities”

SERVICES OFFERED

DUII Rehab

Our staff realize that individuals come to DUII treatment for a variety of reasons. If you've received a DUII citation, consider CHD for your treatment needs.

- Fulfills all court and DMV requirements for DUII Rehabilitation.
- Individualized to meet your needs.
- Most insurance plans billed.
- Family component available.
- Treatment groups at a variety of times to fit your schedule.



CDL Department of Transportation Violation Evaluations

CHD has certified Substance Abuse Professional (SAP) staff with in-depth knowledge of the Department of Transportation rules and regulations governing drug and alcohol testing for Commercial Driver's Licenses (CDL). Services include:

- Comprehensive assessment and clinical evaluation.

- Recommendation and referral to education and treatment resources.
- Follow-up evaluation.
- Documentation to employer concerning recommended program, confirmation of completion, and recommendations for urinalysis testing.
- Services administered according to current DOT 49 CFR Part 40 Procedures.

Outpatient Treatment

CHD outpatient treatment programs are designed for individuals who have a substance abuse problem that needs moderate intervention to obtain sobriety. This can be achieved by:

- Individual & group sessions.
- Family component strongly encouraged.
- Relapse prevention groups.
- Individualized treatment planning to best meet your needs.
- Treatment groups at a variety of times to fit your schedule.

Intensive Outpatient

CHD intensive outpatient treatment programs are for those individuals who have a substance dependency problem who need a greater number of contacts per week than are provided by traditional outpatient services. These services include:

- Matrix evidence-based model.
- Early recovery relapse prevention.

- Family Education.
- Individualized treatment planning to best meet your needs.



Women in Treatment

We are proud to offer individualized treatment planning that specifically addresses the needs of women entering alcohol and drug treatment.

We offer individual counseling along with specialized therapy groups:

Seeking Safety addresses trauma and substance abuse. Some women have said of Seeking Safety, "This was the missing link for me."

Intensive Outpatient Groups start with Early Recovery Skills, Family Education and continue with Relapse Prevention.

New Solutions facilitates skill building in interpersonal relationships, distress tolerance and communication.

Women's Recovery Support offers ongoing support for women in middle stage recovery.

**Call 962-8800 to
schedule an appointment**