**What is a Developmental Disability?**

Developmental disabilities are a diverse group of diagnoses that may include down syndrome, cerebral palsy, autism, epilepsy, or other neurological conditions that impair intellectual, social or physical development.

People with developmental disabilities experience challenges with major life activities such as language, mobility, self-help, and independent living.

Developmental disabilities can begin anytime during development up to 22 years of age and are expected to last throughout a person’s lifetime.

**What is an Intellectual Disability?**

Intellectual disability is sub-average intellectual functioning with an IQ of 75 or less on standardized tests, impairment in intellectual development and/or adaptive functioning.

People with Intellectual disabilities experience challenges with major life activities such as language, self-help, and independent living.

Intellectual disabilities can begin anytime during development up to 18 years of age and are expected to last throughout a person’s lifetime.

In order to receive government funding, CHD is required by state and county policies to charge for services it provides to the public. However, no one will be denied clinical services because of an inability to pay. Discounts are available based on family size and income. For more information, please see the front desk. CHD does not discriminate on the basis of race, ethnicity, gender, gender identity, gender presentation, sexual orientation, religion, creed, age (except when program eligibility is restricted to children, adults, or older adults), familial status, marital status, source of income, and disability. Language services, interpreters, or other assistive aids are available at no cost. For further information about this policy, contact Human Resources, 541-962-8811, or TTY 1-800-735-2900 or dial 711.
If eligible what you can expect:

- After eligibility a Services Coordinator will get your input and write a plan to meet your needs and goals.

- The plan will include who is responsible to help with those needs, how often and how much they will help, and how each assessed support need will be funded.

- You can choose where you want to live, work, get services and who will help you meet your goals.

- You can visit people who provide services.

- Your Services Coordinator will contact you regularly throughout the year to make sure the plan is working and make any needed improvements.

Based on your needs and goals, here are some services that may be available to you:

- Relief care for family caregivers.

- Training to help you meet your needs.

- Changes to make your home more accessible for you.

- Help with behavior challenges and some technological supports.

- Support with everyday activities like bathing, dressing, shopping, making meals, managing your money, and help with behavior and communication challenges.

- Supports in your community. Everyone benefits when you are active in your community. We may provide supports to help you.

- Employment supports. We believe that everyone who wants to work should have support to try to find employment. Supports to help you meet your employment goals.

- Depending on age if you live in your own home or your family’s home, you have options for who provides your case management services.

How do I get started?

Visit our website at www.chdinc.org/dd and complete a referral.

Contact the Eligibility Specialist at 541-962-8857

or

Return a completed application by email, mail, or drop it off at CHD 2301 Cove Ave La Grande, OR 97850