FOR IMMEDIATE RELEASE
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COVID-19 Public Health Update

Union County, Oregon — Center for Human Development (CHD) public health is reporting 19 new cases. The total case count for Union County is 598. To ensure the most accurate, up to date, and easily understood information we are currently directing deeper level data inquiries to the Oregon Health Authority (OHA). The OHA continues to monitor trends in case counts, hospital and healthcare capacity, and zip code and age distribution of cases. The OHA provides a variety of reports on their main webpage daily and weekly addressing this information. To access additional data on Union County COVID-19 cases, visit the Oregon Health Authority's COVID-19 Data Dashboard website.

Union County is mirroring a trend seen statewide. Social gatherings of various sizes and not adhering to public health recommendations continue to play a significant role in our increasing cases and contacts to confirmed cases. Reports of birthday parties, get-togethers with friends, weddings, etc. continue to occur. Attendees at these events then spread the virus to their homes, workplaces, schools, etc.

Fall and Winter Gatherings
The colder weather and holidays increase the amount of time people congregate indoors. Indoor activities do increase the risk of COVID-19 spreading. For more information on how to celebrate Fall and Winter holidays safely, visit the CDC COVID-19 Holiday Celebrations webpage.

The Center for Human Development is currently testing individuals identified through investigations or individuals that meet Oregon State Public Health Lab criteria. Testing is still being offered throughout the community. If you are interested in being tested we encourage you to contact your primary care provider.

It is vital that workplaces support employees who are required to quarantine and not ask them to go to work in these situations. We ask that local employers to make it easy for people to make the choice to stay home by promoting working from home when possible, applying paid sick leave policies liberally, and linking employees to any workplace resources available. We also realize that for many employers and employees that this is a difficult situation.

Multiple resources are available to help you stay at home through wraparound services including financial assistance, food bank information, grocery pickup/delivery, health insurance, and Veterans services. Information on Union County resources is available at https://www.neonoregon.org/unioncovid19 by calling 541-962-1610 or by emailing covidwrapsvcs@union-county.org

Masks, face coverings or face shields are currently required statewide:
https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2288k.pdf

People who have mild signs of COVID-19 should stay home, unless the signs of illness are serious enough they would normally seek health care. Call your health care provider before going in. Make a plan for how to be seen, while also avoiding spread of the illness to others.

Individuals who feel very ill should seek appropriate care. If it is an emergency, call 911. For information on when to seek emergency medical attention visit https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html. If it is not an emergency but you feel sick enough to need a medical appointment, call your primary care provider. If you don't have a doctor, call 211 for a list of providers near you.

If you need further general information about COVID-19, please visit our webpage www.chdinc.org/covid19 or call 211.

For more information:
- The public can call 211-information with general questions
- OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus
- CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/index.html
- CDC Travel within the U.S.: https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html
- Center for Human Development: www.chdinc.org
- Oregon COVID-19 Testing Location Finder: https://govstatus.egov.com/or-oha-covid-19-testing

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